

EXPERT ADVICE

ASK *the* EDITOR

Our resident authority on all things pretty sifts through the latest trends and tricks to help you get gorgeous



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These aquatic plants, rich in omega-3s and vitamins A, B, C and E, are the new hopefuls for skin care. “Studies are still limited, but they may help repair melasma, sun spots, eczema and photoaging,” says Whitney Bowe, M.D., clinical assistant professor of dermatology at Mount Sinai Medical Center in New York City. Find them in:

WEI EAST MICROPURE ALGAE FACE WASH, \$28, HSN.COM (BELOW). ALGENIST GENIUS ULTIMATE ANTI-AGING EYE CREAM, \$72, QVC.COM.



TRY: PANTENE PRO-V DAMAGE REPAIR CLEANSING CONDITIONER, \$7, AND HERBAL ESSENCES NAKED CLEANSING CONDITIONER, \$5.



TRY IT: TIGHTLINING

Lining just the waterlines (inner rims) of your eyelids makes your eyes appear bigger and brighter “without looking overly done up,” says Kara Yoshimoto Bua, Chanel celebrity makeup artist in L.A.

- PICK THE RIGHT LINER**
Get a black waterproof mechanical (twist-up) eyeliner—it’s softer than others on the delicate area and stands up to tearing.
- DRAW THE TOP LINE...**
Place finger on outer browbone and pull upper eyelid up and outward; glide liner under lashes from inner corner to outer corner of eye.
- ...AND THE BOTTOM**
At cheekbone, pull lower lid down and outward; line above lashes. Watch me do it at goodhousekeeping.com/beautyhowto.



ABOVE, LEFT TO RIGHT: COVERGIRL INK IT BY PERFECT POINT PLUS EYELINER IN BLACK INK, \$7, DRUGSTORES. LAURA GELLER BEAUTY I-CARE WATERPROOF EYELINER IN BLACK, \$20, ULTA.